



# HUDSON VALLEY MENTAL HEALTH

Hudson Valley Mental Health, Inc. (HVMH) is a not-for-profit corporation formed in 2006, and is charged with developing comprehensive and integrated services to meet the mental health treatment needs of adults living in the community. In carrying out this mission HVMH strives to ensure that services are accessible, affordable, cost-effective, culturally competent and community-oriented.

- HVMH currently operates 5 clinics in Dutchess County licensed as Article 31 Clinics by the New York State Office of Mental Health (OMH). HVMH provides approximately 40,000 units of service to over 3,000 individuals annually.
- Clinics are located in Poughkeepsie, Beacon, Rhinebeck, Millbrook and Dover Plains.
- All HVMH clinics provide a full array of outpatient Article 31 clinical treatment including individual and group psychotherapy and medication management.
- HVMH clinical staff includes licensed clinical social workers, licensed mental health counselors, psychiatrists, nurse practitioners, and registered nurses.
- HVMH clinicians regularly receive training in best practices and evidence based treatments.
  - Last year all HVMH therapists were trained in Cognitive Processing Therapy for PTSD (CPT). CPT is a short-term therapy considered to be a “gold standard” treatment for PTSD and HVMH is one of the first community mental health agencies in the country to be trained in this highly effective treatment.
- HVMH works in close cooperation with community organizations, other agencies, and the local and State government in order to help consumers access a wide range of services and continuously improve the quality of care.
  - HVMH works in close partnership with the Dutchess County Department of Mental Hygiene in order to develop plans and coordinate care based on the specific needs of the community.
  - HVMH is working in partnership with PEOPLE, Inc. to improve client engagement, ensure client-centered care, and offer our clients additional supports.
  - HVMH has been an active participant in the Imagine Dutchess project which seeks to develop an integrated system of healthcare through innovative partnerships and increased coordination of services.
  - HVMH was recently awarded a grant from the New York State Office of Mental Health to begin providing integrated mental and physical health care.
- HVMH strives to offer high quality services that are accessible, affordable, and efficient.
  - HVMH offers “Open Access” so services can be received as soon as they are needed.
  - HVMH offers services based on a “sliding-scale fee” for clients who have no insurance.
  - HVMH recently received a positive review by the New York State Office of Medicaid Inspector General (listed under positive reviews on OMIG website).

## Summary of Proposed Staffing Plan

Position Title	Shared Staffing	Transfer to DSS	LGU Staff
ASSC SUPV PSYCH	x		
MH SPEC	x		
MHS CLIN SUPV	x		
MHS UNIT LDR	x		
SR MH NURSE	x		
STF PSYCHIATRIST	x		
STF PSYCHIATRIST	x		
MHS CLIN SUPV	x		
SUPV PSYCHIATRIST**	x		x
ACCOUNTANT			x
ADM ASST			x
ADM ASST/TYPIST			x
CASE MGR			x
DEP DIR ADMIN			x
EVAL ANALYST II			x
FISCAL OFF			x
LGU PROG SUPV			x
MED BILL COORD			x
MHS CLIN SUPV			x
MHS PROG SUPV			x
MHS SYS SPEC - ADLT			x
MHS SYS SPEC - CHLD			x
MHS UNIT LDR			x
PR A CC CLK			x
SEC TO DIR CMH			x
STND COMP COORD			x
DEP COMM			x
ACC CLK		x	
ACC CLK/TYPER		x	
HEAD ACCT CLERK		x	
RECORD CLK		x	
RECORD CLK		x	
RECORD CLK		x	
RECORD TECH		x	
SEC CNTR SUPV		x	
SR ACC CLK		x	
SUPT CENT SUPV		x	
TRANS TYP		x	
TRANS TYP		x	
PSYCHO III***		x	x

\*\* 35 Hours Shared Staff, 5 Hours LGU

\*\*\* 15 Hours DSS, 20 Hours LGU