

Chronic Disease Prevention Council (CDPC) Meeting
239 Golden Hill Office Building, Kingston, NY
March 26, 2-4 pm

1. Introductions:

- Those in attendance introduced themselves to each other.

2. Review of the NEW 2015 County Health Rankings and the Goals of the CDPC:

- Vin Martello share the newly released, most current data that can be accessed at this link: <http://www.countyhealthrankings.org/app/new-york/2015/rankings/ulster/county/outcomes/overall/snapshot>
- Referenced the data handouts distributed in the meeting.
- One demonstrates the changes in Community Health Rankings in Ulster County's statistics for 2014 verses 2015 with NYS. The document also highlights areas that have declined, remained the same, or improved from year to year.
- Discussed the handouts from Community Health Status Indicators (CHSI) which show a summary comparison report of how Ulster County compares to peer county values for ranked indicators.
<http://wwwn.cdc.gov/CommunityHealth/profile/currentprofile/NY/Ulster/>
- CHSI, Information For Improving Community Health:
<http://wwwn.cdc.gov/CommunityHealth/profile/currentprofile/NY/Ulster/50028>
- Recommended that those interested go to action center at the website linked here to help use tools to go from big picture to smaller level health promotion shifts.
<http://www.countyhealthrankings.org/roadmaps/action-center>
- The primary mission of the Chronic Disease Prevention Council (CDPC) is to "connect the dots" between the multitude of organizations, sectors, programs and communities, in Ulster County, that are working to promote wellness and prevent illness. By building on existing strengths, leveraging resources and identifying potential synergies and funding sources, the CDPC will enhance and improve health outcomes for all residents by creating an integrated system of chronic disease prevention.
- Dr. Smith presented on the County Health Rankings and noted the importance of monitoring for trends in the data; seeking more data; and appreciates that those in the room keep working together toward improving the health of our county.
- The proposed Ulster County tobacco youth marketing law was discussed and its significance for reducing youth exposure to marketing within 1000 feet of schools.

3. Updated Inventory Results and Communications for CDPC:

- Kristen Wilson announced that we are continuing to collect data about prevention resources and encouraged everyone to keep adding to the SurveyMonkey.
- Here is the link: <https://www.surveymonkey.com/s/CDPCsurveyround2>
- You can also email her with the information at kew67@cornell.edu

- Yumboxes will be provided to those who refer someone that takes the survey. Winners were announced and four Yumboxes were distributed.
- The updated inventory will be available on the council website.
<http://ulstercountyny.gov/ulster-county-chronic-disease-prevention-council>
- Communications for council:
Internal
Email list directly from Kristen (70)
Google/Yahoo group for internal sharing?
External
Constant Contact List (over 400)
Ulster County Human Services Listserv
[LinkedIn Group](#)
[Ulster County Health Department Facebook](#)
- Please do not send emails to Kristen to share with the Council as she will not be a information clearing house.
- A google account for this group will be established and further details will be sent to the group.
- A Member asked if we can streamline registration process for meetings to avoid having to add all the same contact info. each time.
- Another Member said that they liked the meeting reminder email with directions.
- Collective Impact – Stanford Theory/Model was discussed. The five Core Characteristics of Collective Impact (CI) Initiatives:
 1. Common Agenda
 2. Shared Measurement Systems
 3. Mutually Reinforcing Activities
 4. Continuous Communication
 5. Backbone Support Organization, which in our case is the County Executive.
- When obstacle present for group members Vin asked that participants let us know about them so we can work on solving it together.

4. Breakout Group Discussions:

- Groups were split into the following priority Initiatives chosen by the group. The topics included: 1) Healthy Eating; 2) Active Living; 3) Education; 4) Family and Social Support.
- The groups worked on answering the following questions:
 1. What activities in this priority area do we need to see created, enhanced, or replicated in Ulster County?
 2. Who would be implementing these activities?
 3. Where would these activities take place?
 4. What are the barriers to implementing these activities?
 5. What partnership and resources need to be brought together to forward this priority area?

5. Physical Activity Break-Gentle Stretch lead by Stacy Kraft

6. Member announcement:

- RN program at SUNY Ulster -> "Biggest Loser" event – requested agency assistance with prizes. Contact Ms. Robie.

Members in attendance:

Sherry Runk	Ulster BOCES - HSNY
Joyce M. Vergili	Diabetes Educator
Rosanne Kaznowski	The Fitness Connection
Jennifer Couse	Hudson Valley Comm. Services
Debra Lundgren	Adat Chaim Massianic Synagogue
Marge Gagnon	Rose Women's Care Service
Ellen Reinhard	TFAC
Diane Moore	TFAC
Sylvia Murphy	Vestracare/Golden Hill Nursing and Rehab
Debbie Briggs	Ellenville Regional Hospital
Steve Shrippe	CHEF/ Health Coach
Kim Butwell	OFA
Jessie Moore	Planned Parenthood
Stacy Kraft	UCDOH/MH
Laurie Mozian	HAHV
Melinda Herzog	CCEUC
Kathy Nolan	Catskill Mountain keeper
Jessica Robie	Nursing Student
Lori Rotolo	MISN
Shayna Russo	CCE - Eat Smart NY
Sue Koppenhaver	Always There
Cameron Williams	Shandaken Community Gardens
Gloria Waslyn	Parrotsforpeace.org/Shandaken Community Gardens
Tami Herendeen	511NY Rideshare
Michael Malloy	SUNY New Paltz
Katie Sheehan-Lopez	CCEUC
Vin Martello	UCDOH/MH
Dr. Smith	UCDOH/MH

Respectfully Submitted by: Stacy Kraft, Public Health Education Coordinator
Any requests for additions or corrections can be sent to: stor@co.ulster.ny.us