



ULSTER COUNTY EXECUTIVE'S PROCLAMATION

- WHEREAS,** Behavioral health is an essential part of one's health and overall wellness; and
- WHEREAS,** Through commitment and support, people with mental and/or substance use disorders can achieve healthy lifestyles and lead rewarding lives in recovery, both physically and mentally; and
- WHEREAS,** Prevention, treatment and recovery are the primary components for addressing mental and/or substance use disorders, benefiting the individual, as well as their families and surrounding communities; and
- WHEREAS,** According to the 2013 National Survey on Drug Use and Health, 22.7 million Americans aged 12 or older needed treatment for an illicit drug or alcohol use problem, of which 2.5 million received treatment at a specialty facility; and out of 43.8 million Americans aged 18 or older who had mental health illness, 19.6 million received mental health services; and
- WHEREAS,** It is important to encourage relatives and friends of people with mental and/or substance use disorders to implement preventative measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- WHEREAS,** The 2015 Recovery Month theme is "Join the Voices for Recovery: Visible, Vocal, Valuable!" highlighting the value of peer support by educating, mentoring, and helping others; and invites individuals in recovery and their support systems to be catalysts for change in their communities through civic involvement and advocacy; and
- WHEREAS,** In order to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Ulster County invite all residents of Ulster County to participate in National Recovery Month.
- NOW, THEREFORE,** I, Michael P. Hein, Executive of the County of Ulster, do hereby proclaim in Ulster County:

SEPTEMBER 2015 RECOVERY MONTH

The County of Ulster

Michael P. Hein, County Executive

Date: September 4, 2015

