



ULSTER COUNTY NEWS

ULSTER COUNTY NEWS INFORMATION
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FOR IMMEDIATE RELEASE

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Hudson Valley Tri/Bi-athlon

On a beautiful Sunday morning – July 22nd, 2007- the Hudson Valley Tri/Bi-athlon took place at beautiful Ulster Landing Park in the Town of Ulster at the County beach facility.

One Hundred Twenty (120) athletes took part – 88 finished the Triathlon and 22 finished the biathlon. The Triathlon Sprint was composed of a 0.3 mile swim in the Hudson River followed by an 18 mile bike race and a final 3.5 mile run.

Michael Halstead of Stone Ridge, NY won the overall Triathlon (1 hour, 18 minutes and 20.3 seconds). Nancy Stutman of Upper Saddle River, NJ was the female Triathlon winner (1 hour, thirty-three minutes and 26.6 seconds).

John McGovern of Kingston, NY was the overall winner of the biathlon (1 hour fifteen minutes and 58.4 seconds). The biathlon is a 1 mile run followed by an 18 mile bike race and a final 3.5 mile run.

All the legs started and ended at the Ulster Landing Park area. Vic Work, Buildings and Grounds Administrative Manager started both races with an airhorn. Vic welcomed everyone to “beautiful Ulster Landing Park, the jewel of Ulster County” then counted down Three, Two, pause and then sounded the airhorn. The tri-athletes started their 0.3 mile swim under the watchful eyes of three kayaks on patrol, and two Ulster County Sheriff’s boats and the Ulster Landing Park lifeguards. At the same time the bi-athletes started their 1 mile run which, of course, was uphill to Ulster Landing Road and back.

Photos of the winners are attached – Sheriff Van Blarcum and Legislator Gary Bischoff held the tape for the Tri-athlon winners and the Sheriff and Vic Work held the tape for the bi-athlon winner.

It was a beautiful day and all the athletes had a great time and plan to come back next year.

Questions may be directed to Dan Honig at the New York Triathlon Club 845-247-0271 in Saugerties.