

NEWS FROM THE ULSTER COUNTY DEPARTMENT OF HEALTH

FOR IMMEDIATE RELEASE

September 15, 2010

ULSTER COUNTY DEPARTMENT OF HEALTH ANNOUNCES 2010 ANNUAL FLU AND PNEUMONIA VACCINATION CLINICS

Kingston, NY - Dr. LaMar Hasbrouck, Ulster County's Public Health Director, announced the Department of Health will hold its annual flu and pneumonia vaccination clinics at several locations throughout the county beginning on Tuesday, September 28, 2010. No appointments are necessary, and county residents may attend any site which is convenient.

The sites, dates and times for the clinics are attached.

Dr. Hasbrouck encouraged County residents who are at greatest risk for influenza-related illnesses to receive the flu vaccination. This high-risk group includes those over the age of 50, as well as adults aged 18 and over who have heart disease, chronic broncho-pulmonary disease, renal disease, diabetes mellitus, other chronic metabolic disorders, severe anemia and/or compromised immune function, and others who are at risk of influenza-related conditions. Flu vaccine is also recommended for home care providers and others (including household members) who may be in close contact with high-risk individuals.

Senior citizens who have Medicare Part B benefits will be able to obtain their vaccinations through Medicare. The recipient must be entitled to Part B coverage on the date of service, Medicare Part B must be the primary insurance coverage, and the Medicare Card must be presented on the date of service. For those not

-more -

eligible for Medicare Part B coverage, there will be a \$20.00 charge for influenza vaccination and a \$35.00 charge for pneumococcal vaccination, payable at the clinic. There has been no fee increase from 2009 rates. County residents enrolled in Medicare Managed Care programs should consult with their primary care physician prior to visiting one of the Department of Health's sites.

Influenza, commonly known as the "flu," is a highly contagious disease. Its symptoms include fever, chills, headache, sore throat, runny nose and body aches. While most people fully recover from the flu in two to seven days, older adults are particularly vulnerable to dangerous complications, such as pneumonia, that may develop after infection with the flu.

Flu vaccine is composed of killed influenza virus, so those who receive the immunization cannot get influenza from the vaccine. *This vaccine contains the "novel H1N1" or "swine flu" virus that caused the influenza pandemic of 2009. Individuals who were immunized last year are NOT protected against this year's type, and should receive the new vaccine.*

For information about dates and times, please call the Ulster County Health Department Flu Hotline at **340-3093**. Information can also be obtained online at: www.co.ulster.ny.us/health.

###

ULSTER COUNTY DEPARTMENT OF HEALTH
2010 FLU & PNEUMONIA CLINIC SCHEDULE

<u>DATE:</u>	<u>TIME</u>	<u>LOCATION</u>
Tues. 09/28/10	9 a.m. - 12 p.m.	Saugerties Senior Center 207 Market Street Saugerties, NY 12477
Tues. 10/05/10	9 a.m. - 12 p.m.	Trudy Resnick Farber Building 50 Center Street Ellenville, NY 12428
Fri. 10/08/10	9 a.m. - 12 p.m.	Hurley Reformed Church 11 Main Street Hurley, NY 12443
Wed. 10/13/10	9 a.m. - 12 p.m.	St. John's Episcopal Church 207 Albany Avenue Kingston, NY 12401
Fri. 10/15/10	9 a.m. - 12 p.m.	Woodstock Rescue Squad Rte. 212 Woodstock
Tues. 10/19/10	9 a.m. - 12 p.m.	VFW Post 8645 101 Rte. 208 New Paltz, NY 12561
Fri. 10/22/10	9 a.m. - 12 p.m.	Town Hall, Port Ewen 174 Broadway Port Ewen, NY 12466
Tues. 10/26/10	9 a.m. - 12 p.m.	Town Hall, Town of Ulster 1 Town Hall Rd. Lake Katrine, NY 12449
Fri. 10/29/10	9 a.m. - 11 a.m.	Wallkill Fire Department Park Avenue Wallkill, NY 12589
Mon. 11/01/10	9 a.m. - 11 a.m.	Ashokan Legion Hall Mountain Rd. Shokan