

PROGRESSIVE SWIMMING INSTRUCTOR*

for NYS Children's Camps

Fact Sheet – March 2023

(Go to www.health.ny.gov to view most current certification list)

A progressive swimming instructor is required to assess the swimming ability of each camper prior to allowing the child to participate in aquatic activities.

The following courses meet the certification requirements as specified in Section 7-2.5(f) of [Subpart 7-2](#) of the New York State Sanitary Code:

Accepted Courses	
Provider	Certification Title
American Red Cross (ARC)	<ul style="list-style-type: none"> ➤ Water Safety Instructor ➤ Basic Swim Instructor
Boy Scouts of America	<ul style="list-style-type: none"> ➤ Aquatics Instructor, BSA
Canadian Red Cross	<ul style="list-style-type: none"> ➤ Water Safety Instructor
Orchard Park Recreation	<ul style="list-style-type: none"> ➤ Western New York Swimming Instructor ➤ Western New York Swimming Instructor Trainer
PADI	<ul style="list-style-type: none"> ➤ PADI Swimming Instructor <p>Certifications must indicate specialty program training in both Stroke and Swim School</p>
Starfish Aquatics Institute	<ul style="list-style-type: none"> ➤ Starfish Swimming Instructor <p>Certifications must indicate specialty program training in both Stroke and Swim School</p>
YMCA	<ul style="list-style-type: none"> ➤ YMCA Swim Lessons Instructor

* A progressive swimming instructor may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "[Aquatic Certifications](#)" fact sheet) and the individual is not concurrently performing instructional duties.