

## Substance Use Recovery Resource List- Updated Weekly

Compiled by: Ellenville Regional Hospital, Rural Health Network

*To confirm bed availability, please reach out directly to the agency. Bed availability may frequently change*

*\*Last updated on 7/30/21*

**Red = New/Updated Information**

### **American Addiction Centers**

*Multiple sites nationwide*

At American Addiction Centers we aim to treat the whole person, which means addressing co-occurring mental illness, physical wellness, and social issues with addiction treatment. In addition to tailored treatment plans, each treatment center has unique amenities for our patients that help aid in recovery, from spa-like environments to equestrian therapies and so much more.

**Our Core Therapies:** (MI) Motivational Interviewing, (CBT) Cognitive Behavioral Therapy, (REBT) Rational Emotive Behavior Therapy, (DBT) Dialectical Behavior Therapy, (EMDR) Eye Movement Desensitization & Reprocessing

**Seeking Safety:** Developed by Lisa M. Najavits, PhD, this therapeutic approach is appropriate for the patient who has experienced trauma, such as past sexual, emotional, or physical abuse. This program helps patients learn to cope in healthy ways that don't involve substance use. Patients taking part in the Seeking Safety curriculum can count on their privacy being protected (for example group times and locations are kept confidential), as they work through very difficult and traumatic events.

**Medication-Assisted Treatment (MAT):** Medications offered at our programs include buprenorphine, Suboxone, Vivitrol, and Sublocade.

**Pharmacogenetic Testing:** When it comes to administering any medications, we are committed to providing the very best treatment for you as an individual. AAC is a strong proponent of the field known as Pharmacogenetics, which uses the knowledge of an individual's genetic makeup to inform what medications will be most effective for them in treatment. AAC's Addiction Labs of America process genetic tests within 24-hours, and integrate the knowledge into individual treatment plans.

**Expressive and Holistic Therapies:** Yoga, Meditation, Pilates, Tai Chi, Fitness, Art, Music or Spiritual Reflection.

**Recovery Groups:** Our clients have the opportunity to participate in recovery groups while in treatment. Groups such as Narcotics Anonymous and Alcoholics Anonymous that follow the 12-step philosophy are extremely helpful for many people both new to recovery and those who have been in recovery for years.

Alternatives to 12-step groups, such as SMART Recovery, are also offered at AAC programs, for those who are uncomfortable with the 12-step model or the concept of a “higher power”.

**Sober Escorts:** AAC utilizes the help of retired US Navy Seals to escort our patients safely door-to-door to our facilities when needed. I have used them over a dozen times and they are nothing short of amazing.

## **FACILITIES:**

Greenhouse-Dallas, TX: [www.greenhousetreatment.com](http://www.greenhousetreatment.com)

River Oaks-Tampa, FL: [www.riveroakstreatment.com](http://www.riveroakstreatment.com)

Oxford-Etta, MS: [www.oxfordtreatment.com](http://www.oxfordtreatment.com)

Sunrise House-Lafayette Twp, NJ- [www.sunrisehouse.com](http://www.sunrisehouse.com)

Adcare Rhode Island-North Kingstown, NJ: [www.adcare.com/locations/rhode-island/](http://www.adcare.com/locations/rhode-island/)

Recovery First-Ft. Lauderdale, FL: [www.recoveryfirst.org](http://www.recoveryfirst.org)

Desert Hope-Las Vegas, NV: [www.deserthopetreatment.com](http://www.deserthopetreatment.com)

Laguna Treatment Hospital-Orange County, CA: [www.lagunatreatment.com](http://www.lagunatreatment.com)

**Drive-In Clients-** We are able to offer sober escorts to clients driving to treatment (up to 14 hours) for \$150 flat.

**Air Travelers-** For clients that want to FLY to treatment, we can offer the sober escort for \$150 plus the client’s travel cost.

**Contact – Nick – 1-585-507-5485**

### **Arms Acres**

*Carmel, NY*

Admissions/Intake: 1-888-227-4641

Continues to offer transportation

As of 7/30/21 – Provides inpatient medically supervised detoxification and inpatient short term rehabilitation. Bed availability can change during the course of each day, so please call Intake for a screening and inquire about availability.

OTP, Same day access for suboxone and methadone open

### **Bon Secours – New Directions (Hospital Based)**

*Port Jervis, NY*

As of 7/30/21 – Please call for bed availability, it changes daily (patients can be put on waitlist)

For detox admission - Go directly through ER

For rehab – Contact Regina to do screening 845-368-5242

### **Catholic Charities Community Services of Orange, Sullivan and Ulster (CCCSOSU)**

As of 7/30/21 – Catholic Charities of Orange, Sullivan and Ulster is accepting new referrals and continues to provide services. Bed availability for crisis at this time but call to see if there are changes. **Call for bed availability.**

**Sullivan County**

Crisis Services Unit located 17 Hamilton Ave. Monticello, NY is providing detox services. 845-794-8080 ext. 2200 call first for bed availability.

Day Rehabilitation and Outpatient located at 396 Broadway Monticello, NY providing services via telephone and telepractice including MATS open 9-5 Monday through Friday. 845-794-8080 ext. 2100. Now offering group therapy via telepractice.

### **Orange County Clinics**

Goshen – 294-5888, x1125 or 1100  
Port Jervis – 856-6344, x1425 or 1400  
Walden – 778-5628, x1225 or 1200  
Newburgh – 562-8255, x1625 or 1600  
Monroe – 782-0295, x1525 or 1500  
Middletown – 343-7675, x1325 or 1300

**Community Outreach Teams in Sullivan and Ulster (COTI)** providing counseling, MATS, Peer Services and Narcan Training via telepractice and telephone services. 24 hours on call number 845-467-0861 or call directly Sullivan County 845-794-8080 ext. 2100, Ulster County 845-754-4944 or 845-395-8129 or the afterhours on call.

### **Conifer Park**

*Glenville, NY*

Admissions/Intake: 1-800-989-6446

As of 7/30/2021 – Provides inpatient medically supervised detoxification and inpatient short term rehabilitation. Bed availability can change during the course of each day, so please call Intake for a screening and inquire about availability

### **Cornerstone**

*Rhinebeck, NY*

Admissions/Intake: 845-266-3481/Lori – 845-214-7358

As of 7/30/21 – Available beds can change anytime, please call for detox and rehab bed availability.

### **Four Winds (Hospital Based)**

*Saratoga, NY*

Admissions/Intake: 518-584-3600

As of 7/30/21 – Admitting for inpatient psych, please call for availability, can change at any time,

Outpatient services offered telephonically and video

*Westchester, NY*

Admissions/Intake: 914-763-8151

As of 7/30/2021 – Admitting for inpatient psych, please call for availability, can change at any time

### **Good Samaritan (Hospital Based)**

*Suffern, NY*

As of 7/30/21 – Please call for bed availability, can change at any time

For detox admission - Go directly through ER

For rehab – Contact Regina to do screening 845-368-5242

**Health Alliance of HV (Bridge Back)**

*Kingston, NY*

Admissions/Intake: 845-943-6091

As of 7/30/21 – Still admitting new patients for outpatient. One on One sessions are in person but groups are still virtual.

**Health Alliance of HV (First Step)**

*Kingston, NY*

As of 7/30/2021 – Permanently closed.

**Health Alliance of HV (OTP – Methadone Clinic)**

*Kingston, NY*

Admissions/Intake: 845-943-6022

As of 7/30/21 – OTP is admitting priority patients, such as pregnant women and those with HIV. Others are placed on a waiting list. Screenings are completed via telephone.

**Health Alliance of HV Adult and Adolescent Partial Hospitalization Programs (PHP)**

*Mary's Avenue Campus Kingston, NY*

Admissions/Intake: 845-334-3120 x 2

As of 7/30/21 – All services are being offered either via telehealth or in person i.e. admission assessments, group therapy, individual therapy, medication management, and family therapy. The full program day for Adult PHP is M-F 9:30am-2:00pm. The full program day for Adolescent PHP is M-F 10:00am-2:00pm.

**Hudson Valley Community Services**

*Monticello, NY*

*Newburgh, NY*

Admissions/Intake: 845-535-1659 or 845-522-5767

As of 7/30/21 – Continuing to provide MAT services to active and previous clients returning to care via telehealth. The Clinic will be open on Mondays for appts. Telehealth will be by appt. Behavioral Health appt via telehealth on Tues. As of March 1, 2021 HVCS, has merged with Cornerstone Family Healthcare

**MARC Crisis Center**

*Poughkeepsie, NY*

Admissions/Intake: 845-471-0310

As of 7/30/21 – Admitting for crisis services, please call for bed availability. Patients will need a negative Covid test prior to admitting. Individuals that are fully vaccinated should bring proof of vaccination.

**New Hope Manor**

*Poughkeepsie, NY*

Admissions/Intake: (845) 452-2870

Women, Pregnant Women, Women with Young Children

As of 7/30/21 – Call for current openings at Community Residence located at 141 South Avenue in Poughkeepsie, NY. Please call because this can change.

### **Phelps Memorial Hospital**

As of 7/30/21 – New referral packet available upon request. Please call for bed availability but can be put on waitlist. They do not take any MVP plans or CDPHP insurance.

Phelps Behavioral Health Counseling is practicing telehealth 914-366-3600

Phelps Day treatment is practicing telehealth 914-923-5700

### **RC Ward Addiction Treatment Center**

*Middletown, NY*

Admissions/Intake: 845-341-2511

As of 7/30/21 – Please call for availability because this can always change throughout the day

### **Resource Recovery Center of Orange County**

*Middletown, NY*

Admissions/Intake: 845-209-3500

Will provide transportation Monday-Friday

As of 7/30/21 –Admitting for detox and rehab

RRCOOC now offers covid testing on-site for admission.

### **Samadhi**

*Kingston, NY*

Organization Phone Number: 1-917-783 9352

Peer Hotline Phone Number: 1-855-726-2344 or 1-855-SAMADHI

As of 7/30/21 – Offering face-to-face counseling, Monday-Saturday, 11am to 9pm. Recovery based meditation groups and Refuge Recovery meetings both live and on zoom every day.

Mediation held at 11 am and 8:30 pm. Refuge Recovery meetings held at 12:30pm and 7pm.

Also offering Narcan trainings!

### **Samaritan Daytop Village**

*Ellenville, NY. Rhinebeck, NY*

Admissions/Intake - 718-657-6195, 845-647-6575

As of 7/30/21 – Admitting to both Ellenville campuses and Rhinebeck campus

### **Step One**

*Ellenville, NY - 845-647-5400*

*Highland, NY - 845-691-9191*

*Kingston, NY - 845-834-7300*

As of 7/30/21 – Step One Highland, Kingston and Ellenville are still open, providing remote Telepractice within our same schedule as always. Our physical sites are open for scheduled injectable medication, some in-person Individual sessions based on client need and request, In-Person Urine screen testing for clients attending Individual sessions, In-person assessments when the person prefers that, other than that we continue remote intake, assessment, individual, group,

psychiatry and medication management treatment. The intake process continues the same as when we are physically present, with full phone access 8:30am-9pm Monday-Thursday; 8:30am-4pm Fridays. Treatment available 7 days per week in Highland and Mon-Sat in Ellenville.

Kingston site now open at 500 Aaron Court!

**St. Christopher's Inn**

*Garrison, NY*

Admissions/Intake: 845-335-1020

As of 7/30/21 – Taking referrals and doing screenings Monday-Friday

**St. John's Riverside Hospital**

*2 Park Ave Yonkers, NY 10703*

Admissions/Intake: 914-964-7537 or 1-877-944-CARE (2273)

As of 7/30/2021- Medically managed detoxification and inpatient rehab with Individualized Care Plan to manage withdrawal. Treatment for CO-Occurring Disorders Please call for bed availability

**Turning Point at Mid-Hudson Regional**

*Poughkeepsie, NY*

Admissions/Intake: 845-483-5511

As of 7/30/21 – Please call for bed availability as it can change at any time.

As of 7/30/21 – Outpatient is practicing telehealth

**The Ulster Mental Health and Substance Use Urgent Care**

*368 Broadway, Suite 205, Kingston*

888-750-2266, option 2, 24/7

Open in-person 10:00 a.m. – 6:00 p.m. Monday thru Friday

A new, walk-in Urgent Care Center to help those who are struggling with mental health and substance use issues

**Villa Veritas**

*Kerhonkson, NY*

Admissions/Intake: 845-626-3555

Private insurance only

Yes, transportation to facility

As of 7/30/21 – Taking inpatient admissions, COVID-19 screen and Negative test required prior to admission. Individuals that are fully vaccinated are not required to have a Negative COVID test, proof of vaccination is required.

**This list may not represent all services available in the region. If you have any questions about this list, Please contact Tonya Stokes SUD Program Coordinator and Family Advocate, Ellenville Regional Hospital at: [tstokes@erhny.org](mailto:tstokes@erhny.org)**